



Emcee
Drew Schlosberg
The San Diego Union-Tribune
NOVEMBER 2, 2019
SAN DIEGO CONVENTION CENTER

HIGHLIGHTS FROM OUR HONOREES

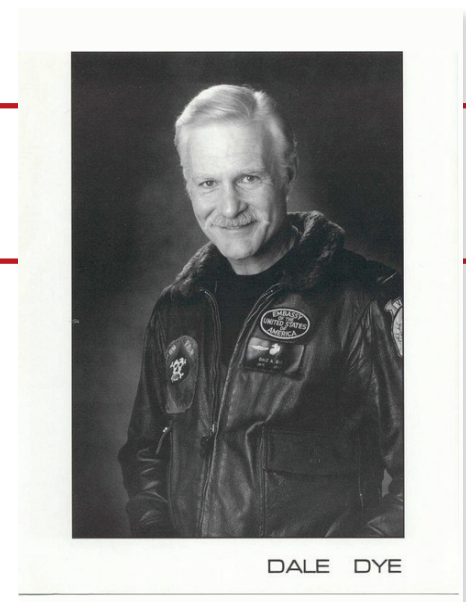
Mark Balmert
Executive Director
SDMAC

Ron Stark
President
San Diego Veterans Coalition

Lisa Record
Vice-President of Development
San Diego Veterans Village

KEYNOTE SPEAKER

Captain Dale Dye, USMC (Ret.)
“The Mission Continues: Veterans Helping Veterans”



 Following this morning's program,
please join us in the exhibit hall for
The San Diego Union-Tribune's
10th annual Successful Aging Expo



In appreciation for
hosting refreshments
this morning



**NATIONAL
UNIVERSITY**
Veteran Founded. Nonprofit.



VISIT THE VETERANS RESOURCE CENTER
and a Living Exhibit of veterans from the Korean
and Vietnam wars with us throughout the day.



2019 EXPERT SPEAKER SCHEDULE

TIME	ROOM 11 A & B	ROOM 10	ROOM 9	ROOM 7
7:30 a.m.	 <p>SATURDAY, NOV. 2</p> <p>successful aging expo</p> <p>living life to the fullest</p> <p>FREE SEMINARS</p> <p>Visit SuccessfulAgingSD.com for more info</p>			SALUTE TO VETERANS REGISTRATION
8 a.m.				PROGRAM BEGINS Emcee: Drew Schlosberg The San Diego Union-Tribune Mark Balmert , Executive Director San Diego Military Advisory Council Ron Stark , President San Diego Veterans Coalition Lisa Record , Vice-President of Development San Diego Veterans Village
8:30 a.m.				THE MISSION CONTINUES: VETERANS HELPING VETERANS  Keynote Speaker Dale Dye , USMC (RET) Actor, Author, Filmmaker
10 a.m.	MEDIA BIAS IN THE ERA OF POLARIZATION The San Diego Union-Tribune Editorial Panel  Lora Cicalo , Managing Editor Matthew T. Hall , Editorial & Opinion Director	AGE ON. RAGE ON.™ SUPPORT AMAZING AGING  Justin Weber Executive Director, Front Porch Member of LeadingAge California	GET THE REST YOU DESERVE: TREATING SNORING AND SLEEP APNEA  Rosemarie Rohatgi, DMD Sleep Specialist San Diego Sleep Therapy	Brought to you by: The San Diego Union-Tribune 
11 a.m.	1,000 PLACES TO SEE BEFORE YOU DIE  Patricia Schultz New York Times Bestselling Author and Travel Expert <small>Appearance Arranged By: Adventures by the Book Stop by their booth for book signing and sales.</small>	CHANGES COMING TO MEDICARE IN 2020  Jeffrey J. Wetzel President and CEO Bridlewood Insurance Services	TAXES IN RETIREMENT: WHEN CAN I RETIRE AND HOW WILL TAXES AFFECT ME  Tyler P. Jones FIC Financial Representative Thrivent Financial	
12 p.m.	5 TICKING TIME BOMBS IN YOUR ESTATE PLAN  John Preston Attorney/Principal Preston Estate Planning, APLC	7 MYTHS ABOUT SEX AND AGING  Joan Price Author and Advocate of Ageless Sexuality	HOW CANNABIS CAN HELP WITH AGING AND VITALITY  Shelby Huffaker Cannabis Educator Torrey Holistics	FASCINATING FACTS ABOUT OUR PRESIDENTS  Richard Lederer Contributor The San Diego Union-Tribune
1 p.m.	THE CHOICE- EMBRACE THE POSSIBLE  Dr. Edith Eva Eger Licensed Psychologist/Clinical Assistant Professor of Psychiatry at UCSD, Author, Speaker, and Holocaust Survivor <small>Book signing and sales at Adventures by the Book booth.</small>	Edward Jones Panel Discussion MAKING YOUR MONEY LAST: STRATEGIES FOR WITHDRAWAL, GUARDING VALUABLE ASSETS And Protecting Pre- and Post- Retirement Income  KATHLEEN STEPHENS Financial Advisor  MARK J. MERTSOC Financial Advisor  ASHLEY GONZALEZ Financial Advisor  ASHLEY LEIGHTNER Financial Advisor	REDUCE YOUR RISK OF ALZHEIMER'S  Dr. Diane Darby Beach Gerontologist Author of "Navigating Alzheimer's Disease: A Family Caregiver's Guide"	LIVING WITH AN ENLARGED PROSTATE: SYMPTOMS, DIAGNOSIS AND TREATMENT  Mark L. Pe, M.D. , Urologist Genesis Healthcare Partners Sponsored By Urolift
2 p.m.	TOP 5 LEGAL AND FINANCIAL TIPS: Securing Long Term Care While Preserving Family Assets  Philip Lindsley Certified Elder Law Attorney and Certified Legal Specialist in Estate Planning, Trusts and Probate San Diego Elder Law Center	FRESH AND INSPIRING PERSPECTIVES ON LIVING TO 100  Dr. Joseph M. Casciani CEO and Curator Living to 100 Club	MEDICAL TOURISM IN MEXICO WHAT YOU NEED TO KNOW  Frank Nunez CEO My Medical Destination	Sponsored by:  San Diego County Credit Union 