



# Speaker Schedule

## Free admission

Registration required for Salute to Veterans only.

No registration needed for speakers 10 a.m. and on.

Schedule is subject to change. Visit [www.SuccessfulagingSD.com](http://www.SuccessfulagingSD.com). Seating is first-come, first-served.

## SEMINAR ROOM 7

### SALUTE TO VETERANS

Registration (required)

Program begins



KEYNOTE SPEAKER  
**THE MISSION CONTINUES: VETERANS HELPING VETERANS**

**CAPTAIN DALE DYE**  
USMC (Ret)  
Actor, Author, Filmmaker



## SEMINAR ROOM 11

## SEMINAR ROOM 10

## SEMINAR ROOM 9

10:00 a.m.



**THE SAN DIEGO UNION-TRIBUNE EDITORIAL PANEL MEDIA BIAS IN THE ERA OF POLARIZATION**



**LORA CICALO**  
Managing Editor  
**MATTHEW T. HALL**  
Editorial & Opinion Director



**AGE ON. RAGE ON.™ SUPPORT AMAZING AGING**

**JUSTIN WEBER**  
Executive Director,  
Front Porch  
Member of  
LeadingAge California



**GET THE REST YOU DESERVE- TREATING SNORING AND SLEEP APNEA**

**ROSEMARIE ROHATGI**  
DMD, Sleep Specialist  
San Diego Sleep Therapy

11:00 a.m.



**1,000 PLACES TO SEE BEFORE YOU DIE**

**PATRICIA SCHULTZ**  
New York Times Bestselling Author and Travel Expert  
Appearance Arranged By:  
**Adventures by the Book**  
Stop by their booth for book signing and sales



**CHANGES COMING TO MEDICARE IN 2020**

**JEFFREY J. WETZEL**  
President and CEO  
Bridlewood Insurance Services



**TAXES IN RETIREMENT- WHEN CAN I RETIRE AND HOW WILL TAXES AFFECT ME**

**TYLER P. JONES**  
FIC Financial Representative  
Thrivent Financial

12:00 p.m.



**5 TICKING TIME BOMBS IN YOUR ESTATE PLAN**

**JOHN PRESTON**  
Attorney/Principal  
Preston Estate Planning, APLC



**7 MYTHS ABOUT SEX AND AGING**

**JOAN PRICE**  
Author and Advocate of Ageless Sexuality



**HOW CANNABIS CAN HELP WITH AGING AND VITALITY**

**SHELBY HUFFAKER**  
Cannabis Educator  
Torrey Holistics



**FASCINATING FACTS ABOUT OUR PRESIDENTS**

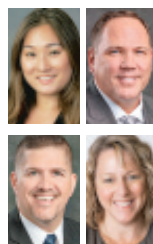
**RICHARD LEDERER**  
Language Columnist  
The San Diego Union-Tribune

1:00 p.m.



**THE CHOICE- EMBRACE THE POSSIBLE**

**DR. EDITH EVA EGER**  
Licensed Psychologist/  
Clinical Assistant Professor of Psychiatry at UCSD, Author, Speaker and Holocaust Survivor. Book signing and sales at **Adventures by the Book** booth



**PANEL DISCUSSION MAKING YOUR MONEY LAST: Strategies for Withdrawal, Guarding Valuable Assets And Protecting Pre- and Post- Retirement Income**

**KATHLEEN STEPHENS, MARK J. MERTSOC, ASHLEY GONZALEZ, ASHLEY LEIGHTNER Edward Jones**



**REDUCE YOUR RISK OF ALZHEIMER'S DISEASE**

**DR. DIANE DARBY BEACH**  
Gerontologist  
Author of  
"Navigating Alzheimer's Disease: A Family Caregiver's Guide"



**LIVING WITH AN ENLARGED PROSTATE: Symptoms, Diagnosis and Treatment**

**MARK L. PE, M.D.** Urologist  
Genesis Healthcare Partners  
Sponsored By Urolift

2:00 p.m.



**TOP 5 LEGAL AND FINANCIAL TIPS: Securing Long Term Care While Preserving Family Assets**

**PHILIP LINDSLEY**  
Certified Elder Law Attorney and Certified Legal Specialist in Estate Planning, Trusts and Probate  
San Diego Elder Law



**FRESH AND INSPIRING PERSPECTIVES ON LIVING TO 100**

**DR. JOSEPH M. CASCIANI**  
CEO and Curator  
Living to 100 Club



**MEDICAL TOURISM IN MEXICO- WHAT YOU NEED TO KNOW**

**FRANK NUNEZ**  
CEO  
My Medical Destination

